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THIS CERTIFIES THAT

I-0098

Elena Chapalova

HAS SUCCESSFULLY COMPLETED ALL THE REQUIRED MATERIAL
AND TESTING OF THE COURSE

Infant and Child Sleep Consultant: behavioral insomnia of childhood

Component One of The Online Certification Course
«Infant and Child Sleep Consultant»
(16.02.2019 - 21.05.2019, 125 hours)

COURSE TOPICS COVERED:

- Safe infant sleep/SIDS prevention
- Sleep physiology
- Infants and children sleep patterns
- Establishing healthy daily routine
- Sleep and nutrition
- Psychophysiological factors in child sleep
- Twins and siblings sleep
- Medical conditions which effect sleep
- Sleep training methods and techniques

Founder/Head of BabySleep Center

Elena Muradova

Head of Online Courses

Tatiana Chkhikvishvili



21.05.2019
Moscow