





THIS CERTIFIES THAT

II-0075

Elena Chapalova

has successfully completed all the required material and testing of the course

Infant and Child Sleep Consultant: BabySleep™ Sleep Training Method

Component Two of The Online Certification Course «Infant and Child Sleep Consultant» (04.06.2019 — 09.07.2019)

COURSE TOPICS COVERED

BabySleep sleep training method:

- main principles and sleep training process
- night awakenings and feedings
- naps
- handling of unusual situations
- co-sleeping, transition to kid bed/room
- swaddles, bottle-feedings, pacifiers
- common mistakes
- modifications for ages 5-8, 8-16 & 16-36 months
- · case studies

Founder/Head of BabySleep Center

Elena Muradova

09.07.2019г. Moscow

Head of Online Courses

Tatiana Chkhikvishvili