



Training Centre of Sleep Consultants
BabySleepConsult (BSC)
babysleepconsult.ru



Центр детского сна и развития

www.baby-sleep.ru

IV-0048

CERTIFICATE OF QUALIFICATION IMPROVEMENT

verifies that

Elena Chapalova

Successfully finished qualification improvement course for children's sleep consultants

«Scientific Approach and Practice for Sleep Consultants. Pediatrics, NFCA (Natural Feeding Consultant Association) and Psychological Support in Consulting»

on the base of Training Centre of Sleep Consultants BabySleepConsult (BSC).

Course Scope – 55 academic hours.

The following topics studied:

- Safety of Self-Sleep Methods. Scientific Publications and Researches
- Somnology For Children's Sleep Consultants
- Psychology of Consulting Process. Psychological Support of Clients
- Safety of Co-Sleeping
- Breastfeeding and Working on a Child's Sleep. NFCA recommendations.
- Working with Twins
- Individual Approach in Practical Work of a Sleep Consultant
- Pediatrics for Children's Sleep Consultants
- Master Class of Elena Muradova
- 6 sessions of professional supervision.

Head of BabySleep Centre
Elena Muradova



25.05.2021
Moscow